



Echo)))

ECHO is a peer support group for teens ages 14-18 struggling with mental health, led by people with lived experience.

Every Tuesday from 5-6:30pm

415 Mason Ct. #1, Fort Collins, CO 80524
The Matthews House

Facilitated in the Alternatives to Suicide model, ECHO is a confidential space to explore difficult emotions, listen to the stories of others who have "been there," and connect with a peer community.

Free to attend | Ages 14-18 | Snacks provided

Questions?

Email info@yarrowcollective.org

Facilitated by the Yarrow Collective in collaboration with The Matthews House, and the Alliance for Suicide Prevention of Larimer County.

